



# **LESSON PLAN**

Duration 40 min

Lesson Objectives	Students will learn: <ul style="list-style-type: none"><li>- How to put themselves in the middle of learning.</li><li>- Principles how to plan, act and reflect for continuous improvement and growth mindset.</li><li>- Practice setting goals and reflecting to put a foundation to understanding how to support their learning-to-learn skills.</li></ul>
Thinking skills	Social-emotional learning skills: self-awareness, self-management, social awareness, relationship skills, responsible decision making skills.

## **PREPARATION**

/5 MIN/

Sign up in [Clanbeat.com/solution/](https://Clanbeat.com/solution/) and download Clanbeat APP from Google Play or App Store. Log in and see what is the unique JOIN CODE for your students.

## **ACTIONS IN CLASS**

/5 MIN/

Warm welcome and pre-word from you what is going to happen today and why you have decided to engage them in this journey.

/10 MIN/

To walk your students through the WHY this is good for them, show students this video [\*\*HERE\*\*](#)

/10 MIN/

In the end of the video there was an invitation to go and download the app for students. Give them the JOIN CODE you get from your app HOMEPAGE-> MY CLASS. Give them time to download it, get in and fill in their profiles.

/5 MIN/

Talk about how the usage for your students will be looking like. Suggest a cadence of reflections being made personally and/or shared with you.

Or what kind of tasks in your class' case is good to mark down there and what to reflect. With whom to share? See some examples of weekly habits suggestions from [HERE](#).

/10 MIN/

Give students the possibility to do first steps in there and let them:

- Write first task for themselves regarding their biggest dream in life and the first step they are taking towards it.
- Write a personal reflection how they feel this will help them to become better versions of themselves ( and share it with you? )

### **EQUIPMENT**

For you: Laptop + projector

For students: their smartphones